

Lupus and Hair Loss

According to **The Lupus Book**, there are many reasons why lupus may lead to hair loss. Active disease is associated with the plugging of hair follicles, which results in clumps of hair simply falling out after being combed or washed (referred to as "lupus hair"). Patients with discoid lupus can experience mild, generalized hair loss, bald spots, or even total baldness in the temples and on top of the head.



All told, about 45% of patients with SLE and DLE report hair loss, particularly during the initial stages of the illness. **Dr. Victoria Werth states** that "when the lupus comes under control, the hair will most often regrow if the problem is diffuse thinning from either the lupus or medications such as prednisone which can add to hair loss. Scarring can prohibit future regrowth. People rarely lose all their hair-the problem is one of thinning but not complete hair loss."

Non-surgical hair replacement.

Non-surgical hair replacement is a general term that refers to the addition of custom hairpieces and wigs that are adhered with clips, thread, vacuum or adhesive. Hair Club for Men is one of the most popular chains offering glued-on hairpieces, but hair must be shaved off first, as the adhesive only sticks to skin, so this is recommended only for people for whom future hair growth is unlikely.

Laser hair therapy (LLT) is a treatment (via a machine or brush) that claims to use light therapy to stimulate follicle growth. Many hair loss experts and clients claim to see regrowth, but scientific findings are inconclusive.

***NOTE*This guide is an introduction to generally accepted information on lupus related hair loss and available solutions. This information is NOT meant to replace a thorough discussion with your dermatologist/physician.**

Medical treatment.

Successful treatment of lupus-related hair loss depends on the individual and underlying cause. Positive results have been seen with:

- ❖ Local scalp injections with steroid preparations in cases of discoid lesions without thick scars
- ❖ Hair/graft transplants from unaffected scalp areas
- ❖ Antimalarials and corticosteroids prescribed for the disease
- ❖ Minoxidil (Rogaine) a topical solution which is a blood pressure medication derivative, sometimes promotes hair growth in male and female lupus patients (but does not decrease hair loss, so use is often discouraged if hair is actively shedding)

Wellness products.

Anyone facing hair loss is recommended to get themselves on a good B-complex vitamin regimen, as Folic Acid and Biotin are the basis of keratin production and hair growth. DHT(dihydrotestosterone) blocker herbal remedies are said to block an enzyme responsible for killing follicles

Topical products.

Nioxin is a shampoo system with ingredients purported to "create a healthy scalp environment to avoid loss." Biotin and ginseng based, claims are more on slowing loss as opposed to regrowth. Ovation is another topical that is amino based. For hair thinning not bad enough to require a wig, scalp camouflage products such as hair colored sprays, powders and hair mascaras can be a great, inexpensive solution. Brands include Toppik and Batiste and can be found online.

Wigs/hairpieces.

Unsecured wigs are the most immediate and widely used solution to hair loss and can be covered by insurance. Found in local wig shops in both human hair and synthetic varieties. Benefits include immediacy; and low prices compared to hair loss solutions. Down sides can be a 'fake appearance' in lower quality pieces as well as lack of security. Integration pieces are partial wigs that are attached with thread/clips/glue and bring hair through small openings

Goddess Hair Extensions & Replacement

'Immediate, Secure, Damage Free Hair Enhancement'

650-361-8225 www.goddessextensions.com * Winner, Best Hair Extensions Bay Area
Nominee, American Cancer Society 'Lane Adams Award'



Goddess Hair Replacement Scholarship

Goddess Hair Enhancement Quarterly Scholarship May 12th

*Submit a 250-500 word personal story on your medical condition, and how the resulting hair loss has affected your life to: goddessbooking@gmail.com, subject line: April Scholarship

*What if any, hair loss remedies you have tried and your opinions/experience with them (cortisone shots, dermatologist visits, hair vitamins, scalp cover powders, conventional wigs, hats, scarves, etc)

* What the Goddess Integration scholarship would mean to you

* Include your name and contact information Attach a photo showing

CANDIDATE ELIGIBILITY

* Financial inability to afford this procedure (honor system)

* Diagnosis of a recognized condition that causes hair loss, including but not limited to:

- Lupus
- Alopecia
- Cancer
- Hypothyroidism
- Trichotillomania
- Genetic thinning/female pattern baldness

* Agreement to permit 'Before and After' photos of the scholarship for use in marketing materials (face blurred and anonymity given on request) and agree to the story being shared on our website

* Must be able to come in for maintenance appointments at the east bay or south bay salon 1-2 times a month (no charge)

Email Sheila for more information: goddessbooking@gmail.com

A Different Concept

Goddess Hair Extensions & Replacement was founded in 2006 to address the lack of options with hair extensions and hair loss, and lack of educational opportunities in the industry itself.

Hair 'enhancement'.

Not everyone who wants extensions wants length. Not everyone facing hair loss for any reason needs a full wig.

Goddess certified stylists are experts in ALL methods of customized hair addition, whether it's temporary extensions for an event, or a full lace wig for total hair loss. Goddess hair loss solutions address key concerns that people have when considering any hair system:

- ❖ Will it look natural?
- ❖ Will it damage my own hair or prohibit regrowth?
- ❖ Is it comfortable?
- ❖ Is it secure? Can I work out, swim etc?

The core materials used in Goddess hair services are: premium quality human hair that is color and texture matched perfectly to your own (or what you would like); the use of damage-free, adjustable silicon lined micro beads for both our proprietary integration top piece systems and hair extension attachments. In the case of total hair loss and fully adhered lace front wigs, only medically tested, surgical latex-free adhesives are used to attach the pieces, and are only attached to skin, never hair, or areas of potential regrowth. All Goddess materials have been reviewed and approved by the leading US dermatologist and research scientist in the field of female hair loss.

Extensions

Goddess offers 2 main types of extensions using the silicon lined locs, the Goddess loc track, which features custom cut wefts or tracks layered into your own hair and can create volume and length. Goddess singles are small pieces fused with keratin that also go into the locs. Like any extension method, both services require enough of your own hair at the top to cover the joins. Extensions don't re-create a scalp look.

Integration

The proprietary Goddess Integration System is the most popular system for hair loss clients. Using a thin, breathable 8x10 base of beautiful human hair, this piece is secured with the Goddess locs underneath in a secure, weight distributed manner, as opposed to conventional top pieces that use clips and need to be removed at night. This method is worn 24/7 for up to a year and is adjusted and removed periodically to clean the scalp.

Lace wigs

For complete hair loss, or loss too severe to allow for attachments, Goddess provides fully adhered lace wig services custom fitted and adhered for 30 day periods and then re-adhered for up to 7 months. Originally designed for celebrities, Goddess has brought this solution to people facing medical hair loss. Like all Goddess services, Incredibly natural and undetectable, hair can be worn in a ponytail, curled, styled and washed as normal.

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Resources

Colored dry shampoo \$8-\$15 (available online, local beauty supplies and target):

- Batiste
- Big Sexy Hair

Hair Mascara \$7-\$10 (available online, Sally beauty supply)

Toppik hair powder: www.toppik.com \$20 for 1 month supply

Hair Max laser comb: www.hairmaxstore.com \$495

Puritan's Pride Vitamins for the hair & Biotin: www.puritanpride.com \$10-\$20

Nu Hair DHT Blocker Tablets \$28 available at Walgreens

*Clip on hair topper pieces, local wig shops (look for mono bases, not skin or lace) synthetic \$80 to human hair \$500)

Goddess premium custom clip on topper: \$950

*Goddess Lace Wig for total hair loss \$1499, \$75 a month reattachment fee, lasts 5-7 months

*Goddess Integration top piece system \$1795, \$50 every 2 weeks, lasts a year, 20% off 2nd year

**Insurance can cover up to 80% of these services, call your claims department and ask what your coverage is for "cranial prostheses"

www.goddessextensions.com

for training in California (no license required) www.extensionstraining.com

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